

Letter to LLLC from Tawnya

Hello. My name is Tawnya. My mom, Carol, was a LLLC Leader a number of years ago. She began this role in about 1971, continuing until around the year 1989. I remember fondly the many meetings we had in our home, children and babies of all ages filling the house with laughter or running, or taking time out for a little break with mommy.

All three of my sisters breastfed their babies successfully. Not without some tears and long days and nights, but mostly with love and a bond that is indescribable.

My son Caleb was born in October 2008, weighing in at 8 lbs., 6 oz. A beautiful baby boy and the spit image of his daddy!

My mom was at the birth and helped Caleb and me with our very first experience at breastfeeding. With some help and encouragement, Caleb latched on well and nursed for about 30 minutes. The rest of that day, Caleb and I learned how to work together to make breastfeeding a beautiful, positive act of what is so wonderfully natural. My sister, Rochelle, also helped direct me in trying the football hold. Caleb and I both found this position very comfortable. The next few days brought many learning experiences and a few tears of joy!

Today, Caleb and I are still enjoying our quiet and often silly times together. He is growing quickly and is so good-natured and happy. It is with pride that I share these memories and experiences of what I share with my son, my mother and sisters --- the magic and love that unites baby and mother together, that joins women together -- breastfeeding.

In this picture, Caleb is wearing a shirt that I wore when I was a little girl, 27 years ago. The shirt reads "My Mommy LLLoves me". And I absolutely love it on Caleb!



photo ©2009 T. Jacques, used by permission