



**La Leche League Canada**  
*Supporting breastfeeding families since 1961*

LLLC.ca

## **Health Professional Membership Information:**

La Leche League Canada welcomes the financial support of all who access our unique mother-to-mother breastfeeding information and support. La Leche League Canada's accredited volunteers provide these services to mothers in communities across Canada in many ways including group meetings, one-on-one helping, phone and e-mail helping, information leaflets, Group libraries of books on breastfeeding and parenting, our website and workshops and conferences for parents and health care professionals. With your help La Leche League Canada can continue to provide breastfeeding information and support to nearly 30,000 individuals each year. If you value the services of La Leche League Canada we hope you will join us in making sure they are available for all Canadians.

### **A LLLC HEALTH PROFESSIONAL MEMBERSHIP PROVIDES YOU WITH THESE BENEFITS:**

- Breastfeeding Information Sheets to download for use with your clients
- Past issues of *Keeping In The LLLoop* (LLLC's newsletter for Health Professionals)
- Breastfeeding quiz compilations from past issues of *Keeping In The LLLoop* – excellent tools for breastfeeding education
- 10% discount on your Health Professional Seminar registration fee (this year, a saving of \$16 per registration)
- Access to all the features of the general Member Access area of the website.

### **Basic LLLC Health Professional Membership - \$50.00 Canadian**

### **Sustaining LLLC Health Professional Membership - \$70.00 Canadian**

Purchase of a Sustaining LLLC Health Professional membership helps La Leche League Canada increase our ability to reach out to new mothers and health professionals with breastfeeding information and support.

To purchase a LLLC HP membership online via PayPal, using your PayPal account or your credit card: <http://www.lllc.ca/lllc-health-professional-membership> . Alternatively, use the form on the next page and mail to La Leche League Canada, P. O. Box 700, Winchester ON K0C 2K0

## ***Mother-to-mother peer support – it works!***

Mothers tell us and the research proves that more babies are breastfed exclusively for six months, as recommended by Health Canada and the Canadian Pediatric Society, when their mothers receive the kind of support that La Leche League Canada offers. Special circumstances or the normal course of breastfeeding – ***we can help your clients!***

La Leche League Canada offers breastfeeding resources and education for health professionals:

- Our **Health Professional Seminars** are intensive all day training sessions specially designed to meet the continuing education needs of professionals who work with breastfeeding families. For information about this year's seminars: <http://www.lllc.ca/health-professional-seminars> .
- ***Keeping In The LLLoop*** newsletter includes articles about current research topics and quizzes to test your breastfeeding knowledge. To sign up for a free trial subscription, send an e-mail to [nfc@lllc.ca](mailto:nfc@lllc.ca) with 'Subscribe to KITL' in the subject line.
- **LLLC print resources** for your own reference and to share with families include the *Womanly Art of Breastfeeding, 8th edition*, and breastfeeding information sheets, including newly revised titles: *How Fathers Help Breastfeeding Happen*, *How to Know Your Breastfed Baby Is Getting Enough Milk*, *Tips for Breastfeeding Twins*, and more.

## ***A Virtual Bookstore for all your Professional Books***

La Leche League Canada and Login Canada have combined forces to bring you easy access to a wide variety of materials geared towards health professionals who work with breastfeeding families. One click takes you to LLLC's virtual bookstore where you will find a searchable bookshelf with Canadian prices and direct-to-you shipping. Finding the lactation publications you need for work or study just got easier.

Access the LLLC Virtual Bookstore at <http://www.lllc.ca/virtual-bookstore>

Can't find the book you are looking for by searching the booklist? Drop us a note at [ofm@lllc.ca](mailto:ofm@lllc.ca) and we will search to see if it is available to add to the collection.

Login Canada also provides book sales tables at our Health Professional Seminars for those who like to see and touch their books before buying.

Your purchases through the LLLC Virtual Bookstore assist LLLC's work with breastfeeding families across Canada. Thank you for your support.



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**Health Professional Membership Form**  
*(Please print or type if sending by regular mail)*

Name:

Address:

City:

Province:

Postal Code:

Area Code:

Phone Number:

Email:

Membership: ***Please check the one(s) below that are applicable.***

New:

Renew:

Previous membership lapsed:

Basic \$50:

Sustaining \$70:

Donation:

**Credit Card Information**

*(Please do not send credit card information by e-mail )*

VISA:

MasterCard:

Amount:

Card Number:

Expiry Date:

Member Signature:

Mail to:

La Leche League Canada

P. O. Box 700

Winchester ON K0C 2K0

Questions: email [adc@LLLC.ca](mailto:adc@LLLC.ca) or telephone (613) 774-4900

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You may use the attached form and mail or fax to:

La Leche League Canada,  
P. O. Box 700, Winchester ON K0C 2K0

Fax: (613) 774-2798

It may take up to two weeks, plus mail time, for the membership to be activated.