# Nancy Mohrbacher, IBCLC, FILCA

115 W. Euclid Ave., Arlington Heights, IL 60004

E-mail: nancymohrbacher@gmail.com; Phone: 847-404-0219

Website: www.NancyMohrbacher.com

# **Curriculum Vitae Highlights**

## **POSITIONS**

## **Lactation Consultant**

<u>Lactation Consultant</u>, 2011 to present. LactCorp Solutions.

Clinical resource for mothers by phone through this nationwide corporate worksite lactation support provider.

Lactation Consultant, 2003 to 2011. Ameda Breastfeeding Products.

Clinical resource for mothers and clinicians, staff training, coordinator of educational programs and educational materials for parents and professionals

<u>Lactation consultant in private practice</u>, 1993-2003. The Art of Breastfeeding, Inc. Chicago area. Business owner; Lactation home visits; equipment/product sales and rentals. Mentored three currently practicing IBCLCs.

#### Writer and Editor

#### **Books**

- Author, *Breastfeeding Solutions: Quick Tips for the Most Common Nursing Challenges* Debuting April 2013 from New Harbinger Publications.
- Author, *Breastfeeding Answers Made Simple: A Pocket Guide for Helping Mothers* (2012) <a href="http://www.ibreastfeeding.com/catalog/p302/BAMS:-A-Pocket-Guide-for-Helping-Mothers/product\_info.html?osCsid=9j1qhbou73rgfiidtgudel2pr4">http://www.ibreastfeeding.com/catalog/p302/BAMS:-A-Pocket-Guide-for-Helping-Mothers/product\_info.html?osCsid=9j1qhbou73rgfiidtgudel2pr4</a>
- Author, Breastfeeding Answers Made Simple: A Guide for Helping Mothers (2010) <a href="http://www.ibreastfeeding.com/catalog/p240/Breastfeeding-Answers-Made-Simple/product\_info.html">http://www.ibreastfeeding.com/catalog/p240/Breastfeeding-Answers-Made-Simple/product\_info.html</a>
- Co-author (with Kathleen Kendall-Tackett), *Breastfeeding Made Simple: Seven Natural Laws for Nursing Mothers*, 2<sup>nd</sup> edition (2010) <a href="http://www.amazon.com/Breastfeeding-Made-Simple-Natural-Nursing/dp/1572248610/ref=dp">http://www.amazon.com/Breastfeeding-Made-Simple-Natural-Nursing/dp/1572248610/ref=dp</a> ob title bk?ie=UTF8&qid=1258055279&sr=8-1
- Author, "Breastfeeding and Growth: Birth Through Weaning," chapter of ILCA *Core Curriculum for Lactation Consultant Practice* (2007 & 2012)
- Author, The Breastfeeding Answer Book Pocket Guide Edition (2005)
- Co-author (with Julie Stock), *The Breastfeeding Answer Book*, all three editions (1991, 1996 & 2003)
- Co-editor (with Judy Torgus), LLLI's *The New Leader's Handbook* (1989)

#### Magazines

- Managing editor, *Leaven* (1988-92), La Leche League International's magazine for LLL Leaders
- Managing Editor, *New Beginnings* (1984-88), La Leche League International's journal for parents

#### Columns and Articles

- Articles featured in *Midwifery Today* (2012), *Clinical Lactation* (2011), *International Journal of Childbirth Education* (2010), *Advance for Physician Assistants* (1999), and many others
- Baby Talk--monthly breastfeeding column (1992-95).
- National WIC client newsletter--bimonthly breastfeeding column (1992-95)
- *New Beginnings* (La Leche League International's member's journal)--bimonthly column on breastfeeding research, "Information Please" (1984-93).

## **Brochures and Tearsheets for Parents**

- Tearsheets for Ameda Breastfeeding Products: Fourteen Q & A written at a 4<sup>th</sup> to 6<sup>th</sup> grade reading level at <a href="http://www.ameda.com/resources/e-library">http://www.ameda.com/resources/e-library</a> (free and downloadable)
- Brochures for La Leche League International: "Positioning Your Baby at the Breast," "Increasing Your Milk," "When a Breastfeeding Mother Gets Sick," "Breastfeeding a Baby with a Cleft Lip or Palate," "Sore Breasts," "When You Breastfeed Your Baby," and many more. For sale from LLLI.

#### **DVDs**

• Ameda Breastfeeding Products: "Your Baby Knows How to Latch-On." 2007. View video at www.ameda.com/latchon

#### Websites

- <u>www.NancyMohrbacher.com</u> Ongoing blog with a focus on research updates, cultural commentary and new insights into breastfeeding.
- <u>www.breastfeedingmadesimple.com</u> Website supporting the book *Breastfeeding Made Simple: Seven Natural Laws for Nursing Mothers*
- <u>www.ameda.com</u> Informational articles for parents.on breastfeeding, breast pumping, and milk storage and handling.

#### **Educator**

<u>Speaker</u> (1989 to present) on breastfeeding topics at international conferences, in-services, seminars, workshops, and physicians' grand rounds.

<u>Instructor</u> (1996 to 2003) of prenatal breastfeeding classes, WomanCare, Chicago area OB/GYN practice

<u>Facilitator</u>, <u>Breastfeeding Mother Support Group</u> (1982-95, 2004-present) Monthly breastfeeding discussions, provides breastfeeding counseling by phone and individual breastfeeding assessment and assistance.

# ACCREDITATIONS, PROFESSIONAL RECOGNITIONS, AND EDUCATION

Fellow of the International Lactation Consultant Association (FILCA), awarded July 2008 Harper College, pre-nursing (anatomy, physiology, pharmacology), 1994-95

International Board Certified Lactation Consultant (IBCLC), 1991; recertified 1996, 2001 (by exam, received second highest score), 2006 & 2011

Breastfeeding USA Counselor, accredited 2011

La Leche League Leader, accredited 1982

College of Education, University of Illinois, Urbana, 1969-71

# PROFESSIONAL AFFILIATIONS

Member, Board of Directors, Breastfeeding USA, 2011 to present, <a href="https://breastfeedingusa.org/">https://breastfeedingusa.org/</a>
Chair, Board of Directors, Chicago Area Breastfeeding Coalition, 2003 to 2010, Planned & executed breastfeeding conferences in 2004, 2006, 2008, 2009, 2010 & 2011, <a href="www.chicagoareabfc.org">www.chicagoareabfc.org</a>
President, Northern Illinois Lactation Consultant Association (NILCA), 1998 to 2005
Vice President, Northern Illinois Lactation Consultant Association (NILCA), 1995-96
Member, International Lactation Consultant Association (ILCA), 1993 to present.