



JASPER PLACE
Family Resource Centre

BONDING TOGETHER

PARENT AND BABY

ARE YOU ON THE JOURNEY OF BREAST/CHESTFEEDING AND/OR SUPPLEMENTING?

This program provides a nurturing, engaging environment with opportunities for parents to share their knowledge, experiences, challenges and joys with breast/chest feeding. Parents are encouraged to provide support to one another and naturally build social connections along the way.

This group is facilitated by: accredited La Leche League Canada Leaders, a non-profit organization that provides breast/chestfeeding support, as well as a registered nurse and International Board Certified Lactation Consultant.

Starting Sep 14 until Nov 30, 2023

When:

- Thursday online
@ 1:30 pm - 2:30 pm



**Best suited for: Pregnant and parenting caregivers of infants/toddlers who are looking for knowledge, support and encouragement with breast/chestfeeding*

**Registration required to get the Zoom link*



For more information,
please call at 587-635-1775 or
Visit <https://jasperplace-cfrc.com/calendar/>