Welcome to Your Newsletter

In this issue you will find an education opportunity and many resources. Inclusion of resources and links, unless to La Leche League sources, does not imply endorsement of the material by LLLC.

I hope you enjoy the read. If there is something you like (or don't), please take a moment to let me know,

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For back issues: HP News page

Save the Date

An Educational Opportunity being offered in both French and English

Friday October 14, 2016
Moncton, New Brunswick
Details will be available very soon on the Health Professional Seminar Page

Lactation Information
Each month we highlight a few articles, websites or other pieces of information that have crossed our desks and that we think may be of interest to you.

**Breastfeeding difficulties and supports and risk of postpartum depression in a cohort of women who have given birth in Calgary: a prospective cohort study**

**Labor Epidural Analgesia and Breastfeeding: A Systematic Review**

**The Impact in the United States of the Baby-Friendly Hospital Initiative on Early Infant Health and Breastfeeding Outcomes**

The WHO Code 2016 [Status Report](#) and [joint news release](#) from WHO, UNICEF and IBFAN

**Mother's Milk: A rich opportunity** and related [comment](#) from *Nature*

Looking [Back](#) and [Ahead](#) at mother and child health outcomes - *Lancet* reviews

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**Breastfeeding Support During Emergencies**

Our thoughts go out to all those affected by the wildfires in northern Alberta, but especially to families with young children. Whether you are supporting mothers during this (or any) emergency or simply want to be prepared for the future, you may find the information at the following links useful:

- [LLLC Press Release](#)
- [Supplementary Information](#)
- [Thursday Tip: Gastroenteritis](#)
- [Are We Doing Enough?](#) (2011 Blog)
- [Kellymom](#) for links to documents from many other organizations

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**More Resources at LLLC.ca**

We are pleased to announce two more translated Information Sheets: [#420 Why Does My Baby Cry?](#) is now available in Persian (Farsi) and [#410 Amazing Milk](#) is now available in Pashto. You can find the Information Sheets [HERE](#).

The editing team will take a break for the summer; watch for more resources to be added in the fall.

Preparation of these Information Sheet was made possible by a grant from the Ontario Best Start Resource Centre at Health Nexus.
La Leche League Canada –
Learning More

La Leche League Leaders are accredited after an extensive apprenticeship-like training program. To learn more about what is required to become a Leader check LLLC.ca/become-leader