



PEE, POO AND WEIGHT GAIN



LLLC.ca

**1 to 2
days**

Baby will have 1-2 wet diapers and at least 1-2 black or dark green poops (meconium). Anticipate a weight loss of up to 7 to 10% of birth weight.

**3 to 5
days**

Baby will increase to 3-4 wet diapers and at least 3 greenish, brown or yellow transitional poops. Baby's weight will stabilize.

**6 to 13
days**

Baby will have 6+ heavy wet diapers and then at least 3 large, soft, and seedy poops, the size of a \$2 coin (2.5 cm/1"). Baby will gain 20 - 35g/day ($\frac{2}{3}$ - $1\frac{1}{4}$ oz/day).

**14+
days**

Baby will have at least 6 heavy wet diapers and then at least 3 large, soft, and seedy yellow poops, the size of a \$2 coin (2.5 cm/1"). Baby will be back to birth weight (may happen earlier).

**6
weeks**

Baby will have 6+ wet diapers. Some babies change to less frequent, but larger, bowel movements. Baby will gain regularly 140 - 245g/week ($4\frac{2}{3}$ - $8\frac{3}{4}$ oz/week).

