



LA LECHE LEAGUE  
CANADA

### **Statement on COVID-19**

With growing concern over the risks associated with the COVID-19 global outbreak, we want to express our desire to keep La Leche League Canada (LLLC) meetings and events a safe and healthy environment for families and their children. We encourage leaders who feel uncomfortable with the risk associated, to cancel any in person meetings as they deem necessary. The Government of Canada has released a guide for assessing the potential risk of exposure to COVID-19, it can be found [here](#) and can be used by leaders to assess the risks associated with their meetings and events.

We also encourage potential participants at meetings to use the self-assessment guide provided by Public Health Ontario found [here](#) to assess their risk of transmitting the virus to others. If you feel unwell, or your children are unwell, we ask that you please stay home from any LLLC meetings.

For those who are wondering about feeding their children if they have or suspect they have COVID-19, please refer to the statement from La Leche League International found [here](#).

If you are looking for support and are unable to make a meeting, please feel free to reach out to your local LLLC leader for [support](#) or submitting a question [here](#). We also have a number of Virtual Meetings that can be found [here](#) or by submitting a question [here](#).