# Baby feeding cues (signs)

### Early cues - "I'm hungry"



Stirring



Mouth opening



Turning head Seeking/rooting

## Mid cues - "I'm really hungry"



Stretching



**Increasing** physical movement



Hand to mouth

#### Late cues - "Calm me, then feed me"



Crying



Agitated body movements



Colour turning red

## Time to calm crying baby

- Cuddling
- Skin-to-skin on chest
- **Talking**
- Stroking



For more information refer to the Queensland Health booklet Child Health Information: Your guide to the first twelve months Visit the Queensland Health breastfeeding website: http://www.health.qld.gov.au/breastfeeding/